



REAY GOLF CLUB – ON COURSE HEALTH AND SAFETY

On Course Health and Safety

Like many sports, playing golf carries risks, and there are numerous associated hazards. Players are expected at all times to be aware of danger to both themselves and others. This guide aims to reduce the risks from these hazards by drawing your attention to the following simple control measures, which aim to promote a safety culture for the benefit of us all.

Players at Reay Golf Club have a personal responsibility to follow this common sense guidance. Members should familiarise themselves with further information on Health & Safety on the Club website and on the locker room notice board.

The following can be construed as a detailed expectation of **Rules of Golf 1.2 – Standards of Player Conduct**

SWINGING GOLF CLUBS

Be aware of the position of others and maintain a safe distance at all times.

BALL STRIKES

Never play until those in front of you are out of range.

Never play if you feel others have encroached too much onto the line of your intended shot. Always ensure they move to a safer position before playing.

Always shout “FORE” to warn others of stray shots heading in their direction.

Always take evasive action on the shout of “FORE” by turning away from the direction of the shout and by covering your face and head with your arms

BLIND SHOTS

Never play shots if you cannot be certain the intended landing area is clear of other golfers, green staff or members of the public. Ring the bell at 4th and 14th to show that you have cleared the area. Alternatively, utilise playing partners to ensure you are safe and the intended landing area is clear, e.g. 4th and 14th fairway shots.

FOG

Where fog is present, visibility is dependent upon where you are on the course. Competition play will be cancelled in serious fog conditions. However, sensible guidance for general play, which keeps the course open and safe, is that players **MUST** only hit shots to an intended position which is visible to the group/player



REAY GOLF CLUB – ON COURSE HEALTH AND SAFETY

playing the shot. It is essential to be aware of other golfers, green staff and public walkers.

GOLF COURSE TOPOGRAPHY (Uneven ground, Gradients, Up Slopes, Down Slopes, Ditches, Streams, Ponds, Bunkers, Steps, Pathways, Golf Course Furniture.)

Be aware of these hazards in regards to slipping, tripping and falling. Always look for the safest routes when walking. Watch out for unseen small ditches and holes in the longer grass. Avoid walking up or down steep banks whenever possible.

Keep a safe distance from ditches, streams, ponds, deep bunkers and where ground levels fall away. Many hazards increase in regard to risk when wet, frozen or muddy.

Always wear the correct footwear and clothing and ensure they are in good condition and fit for purpose. If using golf shoes with moulded soles, metal, or soft spikes take extra care when wet and avoid slippery surfaces such as wooden steps and/or sleepers

THUNDER AND LIGHTNING

If there is a high risk of thunder and lightning, take shelter where you are, or walk to the clubhouse and wait for it to pass.

Do NOT shelter on high ground.

Do NOT walk across high ground when making your way off the course.

Do NOT use your mobile telephone.

Do NOT put up your umbrella under any circumstances.

EMERGENCIES

A First Aid Kit is available in the foyer of the Clubhouse.

A Defibrillator is available at the front door of the Clubhouse.

In the case of a medical emergency where an ambulance is required, dial 999.

The postcode of the Club is KW14 7RE.

ACCIDENTS AND INJURIES

Must be reported to the Captain, and the incident logged in the Accident Book